

## Physical Education Vision Statement 2021-2022

# Newdale Primary School



**“For all children in Newdale Primary School to experience excellent physical education, school sport and physical activity that will lead to life-long participation.”**

We believe a high-quality PE curriculum should be an integral part of the whole school curriculum and one that staff, pupils and parents understand and can contribute to, which is why it is included in our School Development Plan, displayed on our school website and promoted throughout school.

Our school recognises the values that a high-quality PE and school sport curriculum gives pupils.

All pupils are entitled to benefit from high quality PE provision and there is significant evidence to show that this supports other learning right across the curriculum. It also contributes to healthy and active lifestyles, improves emotional well-being, reduces poor behaviour, increases attendance and develops key skills such as leadership, confidence, social and team building skills. Our PE curriculum aims to ensure that all pupils develop the fundamental skills and competence to excel in a wide range of physical activities by providing a broad & balanced curriculum with opportunities for all to be enjoyed.

The Newdale PE curriculum will develop physical literacy and will allow pupils to learn about themselves, the importance of a healthy lifestyle, self-expression and concepts such as fair play and respect. It also contributes to the development of a range of important cognitive skills such as decision making and analysis, and social skills such as teamwork and communication.

Physical education encourages pupils to be active and supports them in their understanding of how to participate safely and effectively. They understand the barriers to participation and work to overcome these for themselves and others. Our PE curriculum will be inclusive and ensure that pupils of all abilities access the range of activities we offer and that they are physically active for sustained periods of time in order to encourage them to lead healthy, active lives. There will also be opportunities for pupils to take on leadership roles in which they can build character and embed values such as fairness and respect.

Regular participation in sport and physical activity can help to reduce the risk of heart failure; improve physical fitness; help with weight management; promote good health; instil self- discipline; develop skill; improve self- confidence; reduce stress and develop lifelong learning skills.

A high-quality physical education curriculum can inspire all pupils to succeed and excel in competitive sport and other physically demanding activities. We are improving our programme of intra and inter school competitions which will provide opportunities for pupils to participate in competitive sports and activities both in and beyond the curriculum.

Our mission is to improve and increase the quality and quantity of high-quality PE for pupils, to show how PE can enhance pupils' attainment and achievement and to create pathways for them to continue to be active beyond school. We will be developing our links to outside agencies and clubs which will help to generate positive interaction in the community.

We are striving towards improving the delivery of the teaching & learning of PE in order to promote participation, progress and performance.

Our school also recognises the impact that the provision of a high-quality PE and school sport curriculum has on the whole school and that it can lead to whole school improvements.

Developing pupil's personal qualities through PE can affect their attitudes towards school and learning. When PE and school sport provision is of the highest quality, all pupils will, to the best of their abilities, develop and demonstrate the following personal qualities:

- A strong desire to learn & make progress;
- High levels of dedication, attendance and involvement in PE and school sport;
- High levels of commitment to PE and school sport;
- Good levels of positive behaviour such as politeness, fair play and helpfulness; and
- High levels of enjoyment and enthusiasm and a strong desire to get involved.

By implementing a monitoring & reviewing assessment system of PE, we can measure the impact and progress of the quality & provision within our school which will lead to overall whole school improvement.

The premium is spent on making additional and sustainable improvements to the provision of PE and sport for the benefit of all pupils to encourage the development of healthy, active lifestyles.

It is used to:

- develop or add to the PE and sport activities that Newdale school already offers
- make improvements now that will benefit pupils joining the school in future years
- hire qualified sports coaches to work with teachers
- introduce new sports or activities and encourage more pupils to take up sport

- support and involve the least active children by running or extending school sports clubs.
- run sport competitions
- increase pupils' participation in the School Games
- run sports activities with other schools

For the 2021 – 2022 academic year, we are in receipt of £19,530, with 354 eligible pupils.

Our expenditure equates to the funding supplied. The targeted and strategic use of PE funding will support us in achieving our aims.

This plan is supplemented by the PE subject budget and Disadvantaged action plan.

Key areas of spending	Success Criteria	Actions logistical Implications	Monitoring Activities When, Who & How	Evaluation Including question for governors	Impact	New or continued	Cost
<p><b>Increase daily participation in physical activity sessions across the school. E.g. Daily mile.</b></p> <p><b>Develop lunchtimes to increase physical activity levels and engagement.</b></p>	<p>More pupils will be taking part in at least 30 minutes of physical activity every day.</p> <p>Children to regularly be involved in lunch time clubs and to be activity throughout.</p>	<p>Ensure that a consistent programme of additional physical activity sessions is delivered across the school.</p> <p>Continue to over a consistent programme for Lunch time and After School Clubs.</p> <p><b>Fun with movement sessions to run throughout the year to increase physical activity throughout the week.</b></p> <p><b>Increase the awareness and engagement of parents in health and sports activities. Regularly involve and communicate with parents to ensure the government obesity strategy of 30mins active in school and 30mins at home is being adhered to.</b></p> <p><b>A sports lunch timetable to be introduced for children to take part in.</b></p> <p><b>Reintroduce sport/play time leaders. Train pupils to initiate play and to be sports leaders.</b></p>	<p>A timetable to be put in place for each class to complete their own physical activity slot.</p> <p>PE team to monitor the activity levels of the individual classes.</p> <p>Fitbit watch to be embedded into each classrooms activity to encourage an increased daily participation and <b>to be celebrated weekly on score board.</b></p> <p>Carry out a questionnaire for children to offer thoughts and ideas on the current offer.</p> <p><b>Pupil voice to decide on what sports to be delivered at lunch times during each term.</b></p>	<p>Are more pupils achieving at least 30 minutes of physical activity a day?</p> <p>Are pupils enjoying the additional physical activity sessions?</p>	<p>Higher percentage of pupils achieving a minimum of 30 minutes of physical activity a day.</p> <p>Did using the Fitbit challenge throughout the week increase children's participation.</p>	<p>New / Continued</p>	<p>N/A</p>

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<b>Specialist sports coaches employed to raise the profile of sport across the PE curriculum and the wider curriculum (Crossbar/ Airbourne gymnastics coaches)</b>	More children to be working at age related expectations across a variety of sports.	<p>Continue using assessment system to assess the children against age related expectations.</p> <p>Plan next steps for pupils based on what staff know that they are able to do and signpost pupils to access additional sporting clubs should this be appropriate.</p> <p>Class teachers to have a greater awareness of the content and skills delivery taught.</p>	<p>PE link teacher and Governor to quality assure PE sessions taught.</p> <p>Class teachers / PE leads to observe PE lessons on a frequent basis.</p>	<p>Have lesson observations shown that the coaching staff are good value for money?</p> <p>Are the sessions progressive and build upon prior learning?</p> <p>Are children able to demonstrate the fundamentals of essential learning for the area of sport that they are learning?</p>	Higher % of pupils will be demonstrating that they are working at age related expectations across different strands of PE.	Continued	£35,100
<b>Work towards recognised Sporting Award for the School</b>	Newdale to achieve a school games mark for PE.	<p>Use criteria for achieving school games mark.</p> <p>Engage at least 50% of pupils in after school clubs.</p> <p>Provide all pupils with two hours of physical education per week and continue to offer after school clubs throughout the year.</p> <p>Regularly enter competitions for a variety of the pupils at</p>	<p>Assess the amount of pupils who are coming to after school clubs at the end of each term.</p> <p>Record all competitions entered, and which pupils participated.</p>	<p>What % of pupils are engaging in the after school sporting provision?</p> <p>Is the dedicated 2 hours per week being supplemented? If so, how?</p> <p>What have been the sporting successes to date?</p>	The school will be recognised for its sporting achievements and commitments to all pupils within sport.	Continued	£600

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		<p>the school, including 'A', 'B' and 'C' teams.</p> <p>All of Year 6 pupils to be offered the opportunity to represent the school at external competitions/fixtures.</p>					
<p><b>Continue to increase the numbers of pupils able to swim 25m or more unaided and perform self-rescue.</b></p>	<p>100% of pupils will be active and engaged during swimming times.</p> <p>By the end of year 6, 85% of pupils should be able to swim 25m unaided.</p> <p>In each cohort, 100% of students should be able to attempt or achieve a self-rescue.</p>	<p>Use curriculum criteria for more pupils able to swim 25m or more unaided and perform self-rescue.</p> <p>Continue to promote swimming time activities to parents during the school holidays.</p> <p>Ensure teaching members new to the team are well supported in the delivery of curriculum swimming and <b>look to send teaching staff on additional courses to further improve the delivery of swimming.</b></p> <p>Ensure that water safety, lessons are a high priority, as part of the theoretical learning</p>	<p>Tighten the assessment of swimming from Year 4 to 6 with a greater emphasis on self-rescue.</p> <p>Every year group now do a pre and post assessment for swimming, which is analysed by the PE team.</p> <p>Continue with the timetable for Years 4 to 6, where a 5-week intensive block of teaching will take place.</p> <p>Observations of swimming lessons will be undertaken by PE leads.</p> <p>LJ to regularly observe swimming lessons for each cohort.</p>	<p>What % of pupils are able to swim 25m or more unaided and perform self-rescue? (pre and post)</p> <p>What % of lessons were graded good or better?</p>	<p>A higher % of pupils will be able to swim 25m or more unaided.</p> <p>A higher % of pupils will be able to perform a self-rescue.</p>	<p>Continued</p>	<p><b>£3701.25 for sessions at new venue.</b></p>

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		aspect of the swimming curriculum.					
<b>All Year 6 pupils to be offered the opportunity of representing the school on a sporting fixture/competition.</b>	By the end of Year 6, all pupils to be offered the chance to represent the school.  In the cohort, 90% of children should achieve this.	Enter a wide range of sporting competitions to increase participation levels amongst the cohort.  Regularly enter competitions for a variety of the pupils at the school, including 'A', 'B' and 'C' teams.  <b>Regularly host and organise school sport festivals throughout the year for all abilities and to involve other local primary schools.</b>	Record all competitions entered, and which pupils participated.  Continue to feature match reports and competition results on the school website.  <b>Introduce 'house tournament days' throughout the school, based on the learning of that term, to increase activity of children. Winners to be celebrated in school assemblies to recognise the involvement and success of those involved.</b>	What % of pupils were involved in sporting competition within the year group.	More pupils will be given the chance to represent the school, which is a great honour and can help to improve behaviour in lessons.	Continue	
<b>Increase opportunities for G and T students.</b>	G and T, and targeted children to be involved in enrichment days.	Create sporting links with secondary schools and external sport clubs to have regular enrichment days.	Ensure g and t children are selected throughout the year and are identified and stretched in PE lessons.  Children to be invited to attend enrichment days.	What % of pupils are g and t throughout the school?  Are g and t students being challenged within PE lessons?	A higher percentage achieving and maintaining greater depth.	New	£0

<b>Key areas of spending</b>	<b>Success Criteria</b>	<b>Actions</b> <b>logistical Implications</b>	<b>Monitoring Activities</b> <b>When, Who &amp; How</b>	<b>Evaluation</b> <b>Including question for governors</b>	<b>Impact</b>	<b>New or continued</b>	<b>Cost</b>
					More pupils to be involved in sporting enrichments.		