



Life Learning Overview

(PSHE/Personal Development/RSHE/SMSC/ British Values)

Nursery (Additional sorting cards, talking cards and mindfulness videos on 1decision)	Keeping and Staying Safe	Keeping and Staying Healthy	Relationships	Being Responsible	Feelings & Emotions	Computers & Online Safety	Our World	Change & Transition
	<p>Storybooks: Blue Explores Road safety – I can be safe near roads. Purple the passenger – I know how to stay safe in the car.</p> <p>Dilemma Drops: Blue Plays Tennis – I know what to do if my toy goes into the road. Purple’s hand wash – I know how to ask for help.</p>	<p>Storybooks: Green Gets Glasses – I know some people need glasses. Green Stays in Hospital – I know hospitals look after us and keep us safe. Yellow learns about germs – I know germs can make us poorly. Red Needs the Toilet – I know how to use the toilet at school.</p> <p>Dilemma Drops: Purple feels poorly – I know I need to tell someone if I feel ill.</p>	<p>Storybooks: Blue’s learns to share – I can begin to play fairly. Yellow Play Fights – I know I can hurt others. Pink Misses Mummy – I can settle into school. Pink has a New Brother – I can think about ways to stop feeling jealous.</p> <p>Dilemma Drops: Green’s brother’s game – I know what to do if I’m jealous. Green’s daddy – I know what to do if I miss somebody. Red’s Playtime – I know how to ask people to play. Yellow will not share – I know how to share. Rainbow wants to play – I know I can’t always play with someone I want to.</p>	<p>Storybooks: Blue’s indoor voice – I understand why I sometimes need a quiet voice. Orange helps out – I know helping is good. Yellow’s Bedtime – I know I need to go to bed early.</p> <p>Dilemma Drops: Blue wants to play a game – I can ask to join a game. Purple is upset – I know somethings have to stay at home. Red and His Wellies – I know what to do if I don’t like something. Rainbow loves to dance – I can sit safely with others. Rainbow is going to the zoo – I can be kind when choosing.</p>	<p>Storybooks: Orange Feel Worried – I can talk about worries. Yellow goes on Holiday – I understand some ways to not feel scared. Rainbow feels angry – I know what to do when I’m angry.</p> <p>Dilemma Drops: Blue feels sad – I know who to talk to about my feelings. Blue’s sleepover – I know what do to if I’m worried about sleeping somewhere different. Pink feels worried – I know what to do if I’m worried. It’s Yellow’s birthday – I understand I can feel angry.</p>	<p>Dilemma Drops: Pink’s computer game – I know how to calm down.</p>	<p>Storybooks: Yellow Wants to Play with Orange – I can make friends with someone who is different.</p> <p>Rainbow’s Food Journey – I know I can try something different.</p> <p>Dilemma Drops: Pink’s New Classmate – I can be kind to new people. Yellow wants to help – I know how to help if someone was unkind.</p>	<p>Storybooks: Orange Moves House – I know some people move and it’s okay. Pink goes to school – I know school is a safe, fun place. Pink gets changed – I know where it is safe to get changed.</p> <p>Dilemma Drops: Pink’s Pet Fish – I know it’s okay to feel sad when we lose something. Purple’s best friend – I know I can make new friends and old friends again. Purple’s Picture – I understand that some things can get broken or ruined. Yellow’s new sister – I know a new baby brother or sister is okay.</p>

Reception (Additional sorting cards, talking cards and mindfulness videos on 1decision)	Keeping and Staying Safe	Keeping and Staying Healthy	Relationships	Being Responsible	Feelings & Emotions	Computers & Online Safety	Our World	Change & Transition
	<p>Storybooks: Blue Gets Lost – I know what to do if I get lost. Orange sleeps over – I know how to tell an adult my worries. Rainbow visits the seaside – I know how to stay safe in the sun.</p> <p>Dilemma Drops: Blue at the shopping centre – I can explain what to do if I’m lost. Pink at the Park – I know how to talk to strangers safely. Red needs to cross the road – I know how to cross a road safely. Yellow gets cross – I know why I shouldn’t run away.</p>	<p>Storybooks – Green’s Greens – I know what foods are healthy and unhealthy. Orange Brushes Her Teeth – I know I need to brush my teeth morning and night. Purple is Poorly – I know doctors and pharmacies help us get better. Red visits the dentist – I know dentists keep our teeth healthy. Red’s Nut Allergy – I know how to keep others safe.</p> <p>Dilemma Drops: Pink’s travel sickness – I know who to talk to if I feel unwell. red Has Wobbly Tooth – I know dentists are safe and good for us.</p>	<p>Storybooks: Green’s Daddy Move Out – I know some families are different.</p> <p>Red Goes Swimming – I know who can help if I’m worried.</p> <p>Dilemma Drops: Green’s playtime - I know I should play with people in my class. Purple feels left out – I know what to do if I feel left out. Yellow’s dad has a new girlfriend – I know people can have different families.</p> <p>People who care for us - I can identify the different people who care and look after us.</p> <p>‘The family book’ – I know who is in my</p>	<p>Storybooks: Rainbow helps at home – I can help with chores.</p> <p>Dilemma Drops: Blue Bakes Cakes – I can talk about what is fair. Green is lining up – I know what to do if someone is unkind. Green’s PE kit – I know how to tell a teacher I’ve forgotten something. Purple’s school book – I know how to tell an adult about an accident. Red Plays Ball – I know to do if someone lies about me. Yellow is working in pairs – I can fairly choose who to work with.</p> <p>Caring for Pets – I can understand when an animal does not want to be touched.</p>	<p>Storybooks: Blue’s Best Friend – I can talk about jealousy. Purple’s Pet Bird – I know how I can feel better after loss. Pink Feels Sad – I can talk about my feelings.</p> <p>Dilemma Drops: Blue Feels Jealous – I know how to cope with jealousy. Blue’s forgotten her lunch – I know what I can do if I’m worried. Pink and Pocket money – I can talk about jealousy. Red is Upset – I can let go of anger and forgive others. Red has hurt her ankle – I know being upset can make me angry.</p> <p>‘You Choose’ – I can tell you things I like and don’t like.</p>	<p>Storybooks: Pink’s Screen Time – I know how to manage screentime.</p>	<p>Storybooks- Purple watches the news – I know what to do if I worry about the news. Why does Purple play differently? – I can understand some people are different and need different things.</p> <p>Rainbow’s day out – I know I should care for nature. Red’s Hearing Aid – I know some people need hearing aids.</p> <p>Dilemma drops: Green’s understanding – I understand people are different.</p> <p>‘Red Rocket and Rainbow Jelly’ – I know my friends can like different things to me.</p> <p>‘To say hello’ / ‘To make a new friend’</p>	<p>Storybooks – Green is Moving up a year – I can feel good about change.</p> <p>Dilemma Drops: Yellow returns to school – I know how to make friends after time apart. Green’s dance class I know what to do if I’m worried about starting something new. Green’s glasses – I can feel confident about myself.</p> <p>Purple’s sports day – I understand some ways to deal with disappointment. Red’s Spelling test – I can feel positive about myself. Rainbow is moving house – I understand how to cope with change.</p>

			family and all families are different. 'Mommy, Mama and Me' – I can tell you who loves me.				– I know we are not all the same and I can make friends with different people.	
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KS1	Keeping and Staying Safe	Keeping and Staying Healthy	Relationships	Being Responsible	Feelings & Emotions	Computers & Online Safety	Our World	Hazard watch & fire safety
Year 1	<p>‘Errol’s Garden’ – I know how to ask for help.</p> <p>Read ‘A Kiss Like This’ – I can recognise when I feel uncomfortable and can say ‘No.’</p> <p>Road safety - I understand why it is important to stay safe when crossing the road. I can recognise a range of safe places to cross the road. I understand the differences between safe and risky choices. I know different ways to help us stay safe.</p>	<p>Washing hands - I understand why we need to wash our hands. I know how germs are spread and how they can affect our health. I can practise washing your hands. I know the differences between healthy and unhealthy choices.</p> <p>Amazing me - I can recognise and understand how we have changed from a baby.</p> <p>Same but different - I can understand the difference between boys’ and girl’s bodies, naming external body parts.</p>	<p>‘Elmer’ – I know ways we are different and can make my class welcoming.</p> <p>Friendship - I understand how to be a good friend. I can recognise kind and thoughtful behaviours. I understand the importance of caring about other people’s feelings. I be able to see a situation from another person’s point of view.</p> <p>Car wash – I can discuss if I like people touching me and recognise if others like me touching them.</p>	<p>‘Want to play trucks?’ – I know we might like different things and can find ways to help everyone join in with a game.</p> <p>Water spillage - I know how you can help people around you. I understand the types of things you are responsible for. I know how and understand the importance of preventing accidents. I can recognise the differences between being responsible and being irresponsible.</p>	<p>‘Hair, It’s a family Affair’ – I know I’m different and am proud to be me.</p> <p>Jealousy - I can recognise and name emotions and their physical effects. I know the difference between pleasant and unpleasant emotions. I can know a range of skills for coping with unpleasant/uncomfortable emotions. I understand that feelings can be communicated with and without words.</p>	<p>Online bullying - I understand how your online activity can affect others. I can identify the positives and negatives of using technology. I know who and how to ask for help. I can recognise kind and unkind comments.</p> <p>‘My World Your World’ – I know I live in a world full of different people.</p>	<p>‘Going to the volcano’ – I know we can all play together, even if we’re different.</p> <p>Growing in our world – I understand the needs of a baby. I can recognise what you can do for yourself now you are older. I can describe the common features of family life. I can recognise the ways in which your family is special and unique.</p>	<p>Is it safe to play with? - I know what items are safe to play with and what items are unsafe to play with. I can name potential dangers.</p> <p>Hoax calling – I understand the importance of being responsible and how our actions/choice can affect others. I know what a ‘hoax call’ is and why it can be risky. I understand why our emergency services are an important part of our community.</p>
	Keeping and Staying Safe	Keeping and Staying Healthy	Relationships	Being Responsible	Feelings & Emotions	Computers & Online Safety	Our World	Hazard Watch & fire safety
Year 2	<p>Tying Shoelaces - I know the reasons to make sure your laces are tied. I can tie up laces properly. I know rules to keep yourself and others safe. I understand the</p>	<p>Healthy eating – I know that food is needed for our bodies to be healthy and to grow. I understand that some foods are better for good health than others. I can list different types of</p>	<p>‘The Great Big Book of Families’ – I understand what diversity is and how my school is diverse.</p> <p>‘Amazing’ – I know what a good friend is.</p>	<p>Practise makes perfect – I can name ways you can improve in an activity or sport. I understand the importance of trying hard and not giving up. I can see the benefits of practising</p>	<p>Worry - I can recognise and name emotions and their physical effects. I know the difference between pleasant and unpleasant emotions. I know a range of skills for coping with</p>	<p>Image sharing – I understand how your online actions can affect others. I can name the positive and negative ways you can use technology. I know the risks of sharing images</p>	<p>‘All are welcome’ – I know I belong and what makes me special.</p> <p>Living in our world – I understand why we</p>	<p>Is it safe to eat or drink? - I know what food items are safe to eat and drink.</p> <p>FS - Petty Arson &</p>

	<p>differences between safe and risky choices.</p> <p>Knowing our bodies – I can use the correct vocabulary to name external body parts and show respect gender differences.</p> <p>Body Outline – I can identify safe places to touch on someone else’s body and where are private places</p>	<p>healthy food. I understand how to keep yourself and others healthy. I know the differences between healthy and unhealthy choices.</p> <p>Brushing teeth - I understand why we need to brush our teeth. I can practise brushing my teeth. I know the differences between healthy and unhealthy choices. I can develop strategies to help me remember to brush my teeth when I forget, are tired, or busy.</p>	<p>Bullying - I can name a range of feelings. I understand why we should care about other people’s feelings. I can see and understand bullying behaviours. I know how to cope with these bullying behaviours.</p> <p>Body language - I can recognise and name a range of feelings. I understand that feelings can be shown without words. I can see a situation from another person’s point of view. I understand why it is important to care about other people’s feelings.</p> <p>‘Can I join your club?’ – I can name ways we are different and I don’t leave people out.</p>	<p>an activity or sport. I can learn ways to set goals and work to reach them.</p> <p>Helping someone in need - I know how you can help other people. I recognise kind and thoughtful behaviours and actions. I understand the risks of talking to people you don’t know very well in the community. I can identify the differences between being responsible and being irresponsible.</p> <p>‘What the Jackdaw Saw’ – I know there are different ways to communicate and can use some simple signs.</p>	<p>unpleasant/uncomfortable emotions. I understand that feelings can be communicated with and without words.</p> <p>Anger- I can recognise and name emotions and their physical effects. I know the difference between pleasant and unpleasant emotions. I know a range of skills for coping with unpleasant/uncomfortable emotions. I understand that feelings can be communicated with and without words. How to be a lion’ – I know being different is sometimes hard and can help people feel self-confident.</p>	<p>without permission. I understand the types of images that you should and should not post online.</p> <p>Computer safety documentary - I understand how your online activity can affect others. I can identify the positives and negatives of using technology. I know who and how to ask for help. I can list rules for keeping and staying safe.</p>	<p>should look after living things. I can identify how we can look after living things both inside and outside of the home. I recognise why it is important to keep our communities and countryside clean. I can encourage others to help keep their communities and countryside clean.</p> <p>Working in our world – I understand different ways we can receive money. I know how to keep money safe. I can describe the skills you may need in a future job or career. I can recognise the differences between wants and needs.</p>	<p>Enya and Deedee Visit the Fire Station – I can show my knowledge of fire safety to others. I understand the importance of being responsible and how our actions/choices can affect others. I can practise simple ways of staying safe and finding help. I know that even small fires can be very dangerous. I can identify the differences between safe and risky choices.</p> <p>Texting Whilst Driving – . I understand how our actions and choices can affect others. I can recognise how drivers can be distracted. I know how to help others stay safe. I can describe the differences between safe and risky choices).</p>
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LKS2	Keeping and staying safe	Keeping and staying healthy	Relationships	Being Responsible	Feelings and Emotions	Computer Safety	Our World	Hazard watch and fire safety
Year 3	<p>Staying safe – I know ways to keep yourself and others safe. I can recognise risky situations. I can identify trusted adults around you. I understand the differences between safe and risky choices.</p> <p>Leaning out of windows - I recognise a range of warning signs. I can spot the dangers we may find at home. I know the importance of listening to our trusted adults. I understand ways we can keep ourselves and others safe at home. I know the differences between safe and risky choices.</p>	<p>Medicine - I know, understand, and can practise simple safety rules about medicine. I understand when it is safe to take medicine. I know who we can accept medicine from. I understand the differences between healthy and unhealthy choices.</p> <p>Growing up – I can begin to understand changes that happen as I grow up.</p> <p>Knowing our bodies – I can begin to understand the term ‘puberty’.</p> <p>Facts and fiction – (Your mummy ate my football) I can begin to understand where babies come from.</p>	<p>Care and commitment – I can discuss if it is okay to have different gender friendships. (The Boy in the Dress/Bill’s New Frock)</p> <p>Touch - I understand the difference between appropriate and inappropriate touch. I know why it is important to care about other people’s feelings. I understand personal boundaries. I know who and how to ask for help. I can name human body parts.</p> <p>The Hueys – I can recognise and help an outsider.</p>	<p>‘This is our house’ – I know what discrimination means and know ways that I can make someone feel included.</p> <p>‘Beegu’ – I know the behaviour that makes someone feel like an outsider and can make someone feel welcome.</p> <p>Stealing - I understand the differences between borrowing and stealing. I can describe how you might feel if something of yours is borrowed and not returned. I know why it is wrong to steal. I understand the differences between being responsible and irresponsible.</p>	<p>‘We are all Wonders’ – I know what a bystander is and know what to do if I see someone being unkind.</p> <p>Grief - I can recognise and name emotions and their physical effects. I know the difference between pleasant and unpleasant emotions. I know a range of skills for coping with unpleasant/uncomfortable emotions. I understand that feelings can be communicated with and without words.</p>	<p>Making friends online – I can identify possible dangers and consequences of talking to strangers online. I know how to keep safe in online chatrooms. I can name the positives and negatives of using technology. I understand the difference between safe and risky choices online.</p> <p>The truth about old people’ – I know what a stereotype is and how they can affect people.</p>	<p>Planet Omar – I know Britain is diverse and can consider why some people fear difference.</p> <p>Looking after our world – I can explain the meaning of reduce, reuse, and recycle. I recognise how we can help look after our planet. I can identify how to reduce the amount of water and electricity we use. I understand how we can reduce our carbon footprint.</p>	<p>Enya and Deedee Visit the Fire Station – I can show my knowledge of fire safety to others. I understand the importance of being responsible and how our actions/choices can affect others. I can practise simple ways of staying safe and finding help. I know that even small fires can be very dangerous. I can identify the differences between safe and risky choices.</p>
LKS2	Keeping and staying safe & first aid	Keeping and staying healthy	Growing & changing	Being Responsible	Feelings and Emotions	Computer Safety	The working world	A world without judgement

<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Year 4</p>	<p>Cycle safety – I can identify strategies we can use to keep ourselves and others safe. I recognise the impact and possible consequences of an accident or incident. I can identify what is a risky choice. I can create a set of rules for and identify ways of keeping safe.</p> <p>First aid – I know different types of breathing difficulties, I know how to support a casualty struggling with asthma, anaphylaxis and choking.</p>	<p>Healthy Choice Challenge – I can use the terms balance and moderation when talking about my health’.</p> <p>Healthy living – I can explain what is meant by a balanced diet and plan a balanced meal. I recognise how too much sugar, salt, and saturated fat in our food and drink can affect us now and when we are older. I understand nutritional information on packaged food and explain what it means. I can describe different ways to maintain a healthy lifestyle.</p>	<p>Life cycles – I can describe how a body changes during puberty and understand each person experiences puberty differently (including emotional changes).</p> <p>Knowing our bodies – I understand menstruation and how it relates to the human life cycle</p> <p>Appropriate touch – I know the different types of relationships we can have and describe how these can change as we grow. I can explain how our families support us and how we can support our families. I know how relationships can be healthy or unhealthy. I can explain how to ask for help and identify who can help us if a relationship makes us feel uncomfortable.</p>	<p>Coming home on time – I recognise the importance of behaving in a responsible manner in a range of situations. I can describe a range of situations where being on time is important. I can explain the importance of having rules in the home. I can describe ways that behaviour can be seen to be sensible and responsible.</p> <p>‘Dogs don’t do ballet’ – I can discuss why being assertive is hard sometimes.</p>	<p>When Sadness Comes to Call’ – I know everyday things can affect feelings and how I can look after my well-being.</p> <p>Jealousy – I recognise our thoughts, feelings, and emotions, and identify the differences between those that feel good and those that feel not so good. I can describe how we can support others who feel lonely, jealous, or upset. I recognise that we can choose how we act on our emotions and understand that our choices and actions can affect ourselves and other people. I can demonstrate a range of strategies to help control and manage unpleasant/uncomfortable emotions, such as loneliness and jealousy.</p>	<p>Online bullying – I recognise the key values that are important in positive online relationships. I can identify the feelings and emotions that may arise from online bullying. I can develop coping strategies to use if we or someone we know is being bullied online. I know how and who to ask for help.</p> <p>Red: A Crayon’s Story’ – I can be proud of who I am and help others feel the same.</p>	<p>Chores at home – I can identify ways in which we can help those who look after us. I can explain the positive impact of our actions. I can describe the ways in which we can contribute to our home, school, and community. I know the skills we may need in our future job roles.</p> <p>‘Along came different’ – I can help someone else accept difference.</p>	<p>Breaking down barriers – I recognise positive attributes in others. I can explain why being different is okay. I recognise your own strengths and goals and understand that these may be different from those around you. I can identify some of the ways we can overcome barriers and promote equality.</p> <p>‘Julian is a Mermaid’ – I can show acceptances for others who dress differently.</p> <p>Aalfred and Aalbert’ – I know how to recognise similarities and understand people have more common ground than differences.</p>
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UKS2	Keeping and staying safe & first aid	Keeping and staying healthy	Growing & changing	Being Responsible	Feelings and Emotions	Computer Safety	The working world	A world without judgement
Year 5	<p>Water safety - I can identify a range of danger signs. I can develop and name strategies that can help keep ourselves and others safe. I recognise the impact and possible consequences of an accident or incident.</p> <p>First Aid: Basic Life Support – I can list reasons why someone might struggle to breathe. I know the signs of choking or an allergic reaction. I understand the correct steps for seeking immediate emergency help. I can provide first aid for someone who is struggling to breathe.</p> <p>Overheard conversations – I can discuss what peer</p>	<p>Smoking - I can explain some of the risks associated with smoking (physical, social, and legal) and name the addictive ingredient found in cigarettes, e-cigs, etc.</p> <p>I can describe how smoking can affect your immediate and future health and wellbeing.</p> <p>I can give reasons why someone might start and continue to smoke. I can identify and use skills and strategies to resist any pressure to smoke.</p> <p>Healthy Choice Challenge – I can analyse how changes in my healthy living can impact open myself and others.</p>	<p>Puberty – I know and understand the physical and emotional changes that take place during puberty.</p> <p>Menstruation – I understand how to care for my changing body (male equivalent).</p> <p>Reproduction – I know and understand the process of reproduction and how this is part of a loving relationship.</p> <p>Pregnancy – I can describe the process of pregnancy.</p>	<p>‘How to Heal a Broken Wing’ – I can recognise when someone needs help and empathise with others.</p> <p>‘Rose Blanche’ – I know it is sometimes difficult to do the right thing and can justify my actions.</p> <p>Looking out for others – I recognise why we should take action when someone is being unkind.</p> <p>I can describe caring and considerate behaviour, including the importance of looking out for others. I can demonstrate why it is important to behave in an appropriate and responsible way. I can identify how making some choices can impact others’</p>	<p>Anger – I recognise that everyone experiences emotions and that these can have physical effects on our body, both pleasant and unpleasant. I can explain how feelings can be communicated with or without words. I recognise that we can choose how we act on our emotions and that our choices and actions can affect ourselves and other people. I can demonstrate a range of strategies to help control and manage unpleasant/uncomfortable emotions, such as anger.</p>	<p>Image sharing – I can list reasons for sharing images online. I know the rules to follow when sharing images online. I can describe the positive and negative consequences of sharing images online. I recognise possible influences and pressures to share images online.</p>	<p>Enterprise – I understand and explain why people might want to save money. I can identify ways in which you can help out at home. I know how to budget for items you would like to buy. I recognise ways to make money and the early stages of enterprise.</p>	<p>Inclusion and acceptance – I can identify some of the ways in which we are different and unique. I can explain some of the elements which help us to have a diverse community. I can describe strategies to overcome barriers and promote diversity and inclusion.</p> <p>‘Mixed’ – I can recognise racist behaviour and know how to respond to racist behaviour.</p> <p>‘And Tango Makes Three’ – I understand ideas about equality can be different around the world and can discuss LGBT+ laws.</p>

	pressure is and who to go to for advice. Extra activities: <i>Loudmouth workshop addresses healthy relationships (from grooming and county lines to domestic abuse).</i>			lives in a negative way.				
	Keeping and staying safe & first aid	Keeping and staying healthy	Growing & changing	Being Responsible	Feelings and Emotions	Computer Safety	The working world	A world without judgement
Year 6	Peer pressure – I can identify strategies we can use to keep ourselves and others safe. I recognise ways to manage peer pressure. I can explain the potential outcomes that may happen when we take risks. I know the impact and possible consequences of an accident or incident. First aid – I understand how to support someone with a head injury. I understand how to help someone	Alcohol – I can identify what is a risky choice. I can identify the risks associated with alcohol. I know how alcohol can affect your immediate and future health. I can develop and recognise skills and strategies to keep safe. Valuing ourselves - I can consider why honesty, loyalty, understanding and respect are important in relationships.	Conception – I can explain the terms ‘conception’ and ‘reproduction’. I know the function of male and female reproductive organs. I understand the various ways adults can have a child. Changes - I know and understand about the physical and emotional changes that take place at puberty, why they happen and how to manage them. Puberty - I know how changes in puberty can affect hygiene.	Stealing – I can explain what consent means. I recognise the importance of being honest and not stealing. I can explain why it is important to have a trusting relationship between friends and family. I can identify how making some choices can impact others’ lives in a negative way. ‘Kenny Lives With Erica and Martina’ – I know that all actions/choices have a consequence and can consider consequences.	‘The cow who climbed a tree’ – I can be assertive. Worry – I recognise our thoughts, feelings, and emotions. I know how we can reduce our feeling of worry. I can explain how we can support others who feel worried. I recognise that we can choose how we act on our emotions and that our choices and actions can affect ourselves and other people. ‘Leaf’ – I can overcome fears about difference. ‘Introducing Teddy’ – I can demonstrate acceptance for all	The Only Way is Badger’ – I know what freedom of speech is and can consider my own language/pupil voice. Making friends online – I can list the key applications that we may use now and in the future. I know and understand why some applications have age restrictions. I can identify ways to keep yourself and others safe in a range of situations online and offline. I recognise that people may not always be who they say they are online.	‘A Day in the Life of Marlon Bundo’ – I can consider what democracy is and know how laws change. In-App Purchases - I know and understand various money-related terms. I recognise some of the ways in which we can spend money via technology. I can describe the potential impact of spending money without permission. I can identify strategies to save money.	British Values – I understand that there are a wide range of religions and beliefs in the UK. I can explain each of the British values. I can create a range of values for your educational setting. I can explain how all religions can live in cohesion. King of the Sky’ – I can consider different responses to immigration and can empathise with others. ‘The Island’ – I know what racial

	<p>who is having a seizure. I can support someone with a severe bleed. I can help someone with a minor burn or scald.</p> <p>I know how to support someone who is having a heart attack. I know when to call for medical help.</p> <p>Extra activities: <i>Crucial crew</i></p>		<p>Knowing our bodies - I know and understand the correct language for body parts and their function in reproduction.</p>		<p>genders (including trans).</p>			<p>prejudice is and can discuss what happens if it is not challenged.</p>
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