



SEND

Autumn 1

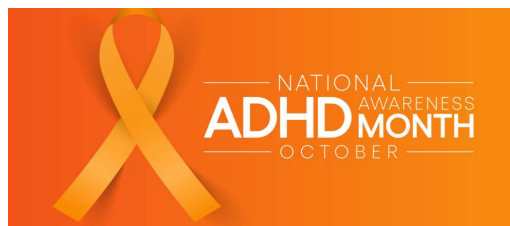
Dear Parents/Carers,

Welcome to your Autumn SEND Newsletter. In this edition, you will find information on ADHD awareness month, and small steps you could implement to support your child at home.

As you will have seen, this year we have changed how we are communicating your child's targets with you. This is so you are further informed of the interventions and adaptations to classroom practice we are putting in place, as well as the chance to share your views on them, which we greatly value.

If you require any further help or support, please contact newdalesendco@taw.org.uk

Kind regards,
Mrs Poole and Mr McFarland.



October is ADHD Awareness Month. ADHD stands for attention deficit hyperactivity disorder, and it is a condition that affects people's behaviour. People with ADHD may seem restless, have trouble concentrating and act impulsively.

Looking after a child with ADHD can be challenging, but it is important to remember that they cannot help their behaviour. Day-to-day activities which children with ADHD may find difficult include getting to sleep at night, being organised, social occasions and listening to and carrying out instructions.

If you are the parent of a child with ADHD:

- be sure your GP or specialist helps you understand the difference between ADHD and any other problems your child may have;
- think about who else needs to know about your child's ADHD, such as their school;
- find out the side effects of any medicine your child takes.

To support a child with ADHD:

| | | |
|--|---|---|
| Organisation Predictable routine. Movement breaks. | Behaviour Management Simple rules on visuals. Frequent feedback. | Inattention Consider their sensory needs. |
| Impulsivity Understanding emotions. and responding to them. | Hyperactivity Fiddle toys, regular breaks, standing desks. | Be Positive! Lots of praise and encouragement to support self-esteem. |

Within school, we use a variety of approaches to support children with ADHD and those who may have difficulties concentrating and organising themselves:

Give clear, written and verbal directions



Schedule an organization check-in time



Give extra opportunities for movement



Consider flexible seating options



Chunk long-term projects



Provide fidgets (and teach how to use them)

Set up a work station in each class



Use a thought journal to share ideas



Teach and practice predictable routines






Teach executive functioning skills



Use a timer for work sessions



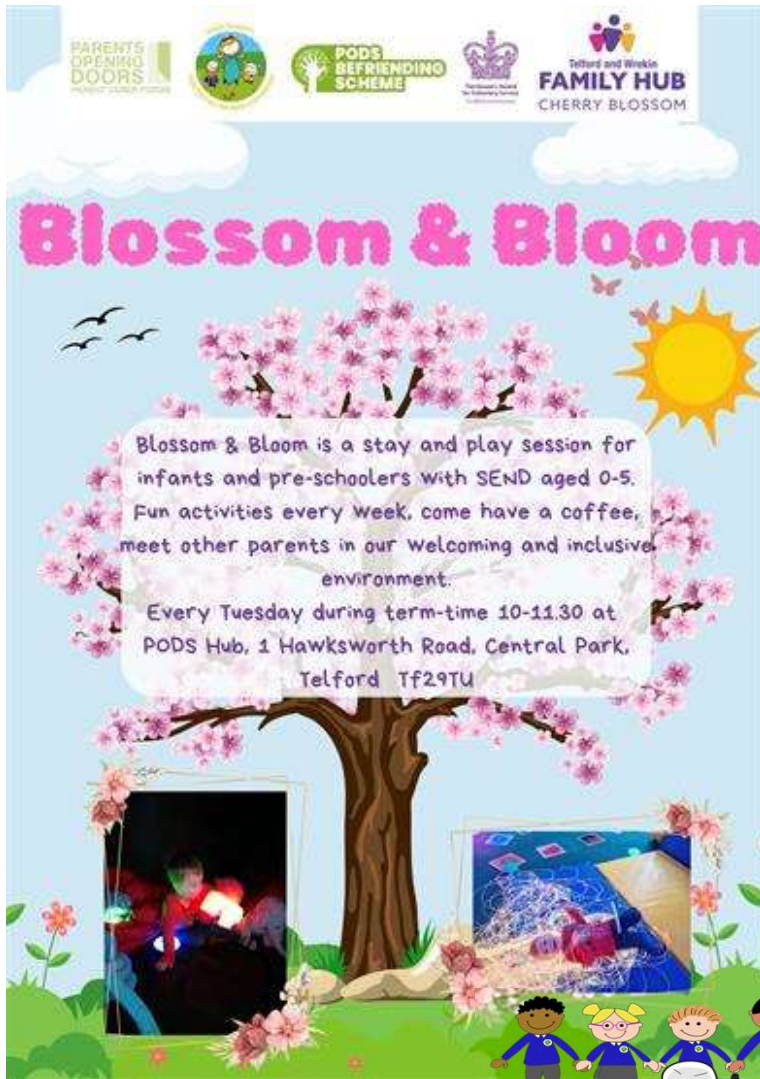
Spend time building confidence

Blossom & Bloom

Blossom & Bloom is a stay and play session for infants and pre-schoolers with SEND aged 0-5. Fun activities every week, come have a coffee, meet other parents in our welcoming and inclusive environment.

Every Tuesday during term-time 10-11.30 at PODS Hub, 1 Hawksworth Road, Central Park, Telford Tf29TU






ICAN2 SHORT BREAKS

Dance PROGRAMME

£2 per session

EVERY MONDAY

4:30PM - 6:30PM
ADMASTON HOUSE
COMMUNITY CENTRE
TELFORD, TF5 0BN

A WEEKLY DANCE PROGRAMME FOR CHILDREN WITH DISABILITIES TO JOIN. WEEKLY ACTIVITIES WILL INCLUDE STREET DANCE, IRISH DANCING, HIP HOP AND MORE!

OPEN TO ICAN2 MEMBERS ONLY! TO REQUEST MEMBERSHIP, PLEASE SCAN HERE



FOR FURTHER INFORMATION OR TO BOOK, EMAIL INFO@4ALLFOUNDATION

WWW.4ALLFOUNDATION 0800 321 3617
 



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Telford & Wrekin Local Offer

