



Newdale Primary School and Nursery
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Dear Parent/ Carer

EKO Outdoor Learning Sessions

We are excited to inform you that from September 2025, Key Stage Two children will be receiving outdoor learning sessions run by Educating Kids Outdoors (EKO) who offer fun, outdoor experiences for children in their forest school areas. Children will use the Forest school conservation area (at the back of the playing field) or the Basecamp area (by the visitor carpark) to access this outdoor learning initiative. Please note that EYFS/KS1 children will still receive their forest school time delivered by Newdale staff.

What is Outdoor Learning?

Outdoor Learning uses the outdoor environment to support the teaching and learning of many areas of the National Curriculum. Children are encouraged to develop independence skills, improve their decision-making and raise their self-esteem through small achievable tasks which children really enjoy! Teachers, carers and parents of children, who are involved with Outdoor Learning, have reported significant changes in Independence, Self Esteem, Social Skills and Concentration Skills. It also provides opportunities for children to learn key concepts e.g. reversible and irreversible changes and remember them for years to come. Children will be given the opportunity to; explore the wildlife and local environment, take appropriate and managed risks, build and construct using natural materials, begin to use basic tools such as potato peelers, and assist with fire building all under the watchful eye of fully trained member of the EKO team.

Children will go out in **all** weathers, apart from extreme conditions, so children will need:

***Suitable old clothing e.g. T-shirt, jumper and trousers/leggings**

***A warm coat - this may get muddy!**

***Wellies**

***Waterproofs - trousers and jacket**

***Old pair of warm trousers (if no waterproofs)**

***Gloves and hat**

***2 pairs of socks (Feet can get very cold in Wellies in the winter!)**



Children will be able to come into school wearing their forest school clothes rather than their school uniform on their set EKO day.

Please see below information about when your child's year group has an EKO session:

Autumn 1		
Week	Date	Year group
2	10.09.25	6
3	17.09.25	5
4	24.09.25	4
5	01.10.25	3
6	08.10.25	5 (year group swap due to Arthog week)
7	15.10.25	6
8	22.10.25	4

Autumn 2		
Week	Date	Year group
1	05.11.25	3
2	12.11.25	6
3	19.11.25	5
4	26.11.25	4
5	03.12.25	3
6	10.12.25	6
7	17.12.25	5

For more information about EKO, please visit: [Home - Educating Kids Outdoors](#)

Yours Sincerely,

Miss R Cook