SEND Autumn 2

Dear Parents/Carers,

Thank you for your continued support throughout the Autumn term. A reminder that I am available for weekly meetings with parents and carers to discuss any concerns, support with paperwork and explore ways we can work together to support your child. If you would like to arrange a meeting, please contact me via **newdalesendco@taw.org.uk**.

Thank you,
Mr McFarland

What makes children anxious?

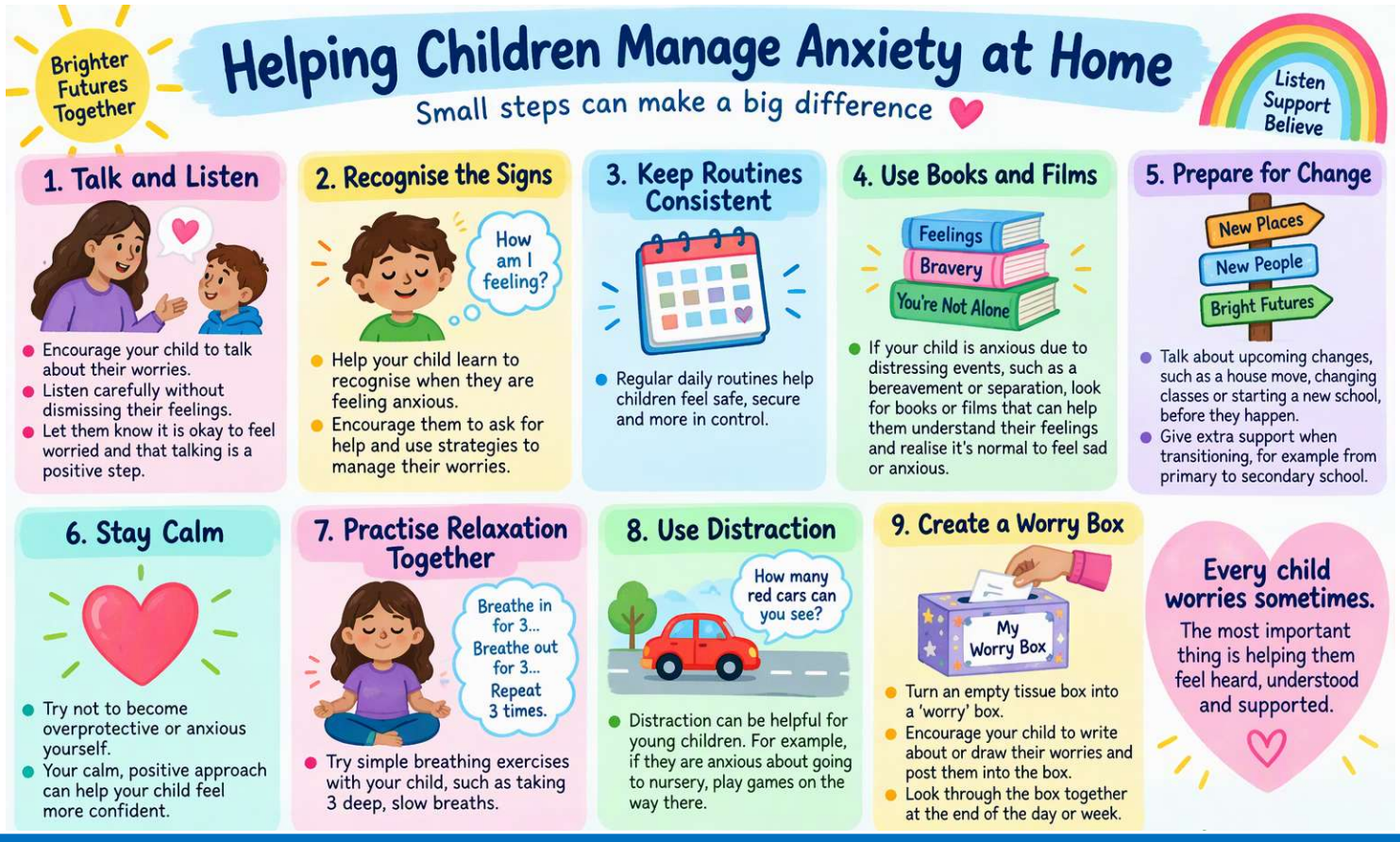
Children can feel anxious for many different reasons, including changes to routines, friendship difficulties, worries about school or changes at home. Some children may also feel anxious because of sensory sensitivities or high expectations they place on themselves.

Anxiety can look different in every child. It may present as worry, avoidance, irritability, difficulty sleeping, physical complaints such as tummy aches, or a need for frequent reassurance.

What are the signs of anxiety in children?

Children can show anxiety in different ways. Some common signs include:

- Becoming more tearful, clingy or irritable
- Difficulty sleeping or having bad dreams
- Complaining of tummy aches or headaches
- Finding it hard to concentrate and seeking lots of reassurance
- Avoiding school, social activities or new situations
- Having angry outbursts or worrying that something bad might happen



CAMHS Shropshire, Telford and Wrekin

Child and Adolescent Mental Health Service Shropshire, Telford and Wrekin provides emotional wellbeing and mental health services for children and young people (ages 0-25) in Shropshire, Telford and Wrekin.

Unfortunately, wait times for a neurodevelopmental assessment are approaching 3 years with the service.

When school submits a referral to CAMHs, we may only be told if the child has been accepted onto the pathway or not. Following this, there are no updates given to school until it is the child's turn for their assessment.

Parents and carers are always able to contact CAMHs to request an update or add further information to their referral.

The contact details for CAMHs:

Telephone	Email
0300 124 0093	camhsstwadmin@mpft.nhs.uk

Website: https://www.mpft.nhs.uk/services/camhs/camhs-shropshire-telford-and-wrekin



We are pleased to share that our **SEND and Inclusion** section of the school website has recently been updated. Parents and carers can now find a wide range of information about how we support children with SEND at Newdale. This includes:

- Information about our SEND provision
- Our graduated approach to identifying and supporting additional needs
- Details of inclusive teaching strategies and interventions used across the school
- Information about our inclusive learning environments and support available for pupils
- Information about mental health and wellbeing support
- Guidance on how we work in partnership with parents and carers
- Information about transition arrangements for children joining, moving through, or leaving our school

Please use the link for further information -
https://www.newdaleschool.org.uk/home/learning/send/

SEND
Telford & Wrekin Local Offer

Information Advice and Support Service
SENDIASS
TELFORD & WREKIN

PODS CHARITY
"TOGETHER WE CAN MAKE A DIFFERENCE"